

September 2020

RESOURCES TO ASSIST FAMILIES DURING THE CORONAVIRUS OUTBREAK

If you have questions about community resources, please call the Chippewa Valley Schools Community Resource Message Line at 586-723-2280. (Calls are monitored between 8 am and 4 pm weekdays.)

If you have concerns about your child or teen, e.g. adjustment to the current situation, signs of depression and/or anxiety, or substance use, etc., you can discuss these concerns with your school's counselor, social worker, or school psychologist.

Check your school's website for the email address OR call 586-723-2280 (the CVS Community Resource Message Line) and you will be connected.

Macomb County Crisis Center - Call 586-307-9100 to Talk with a Trained Counselor If you are in a crisis or overwhelmed by any situation 24 hours a day, 7 days a week Private, confidential, and you don't have to give your name

Macomb County Health Department COVID 19 Help-Line - 586-463-3750 8:30 to 5 pm Monday-Friday

COVID-19 Drive-Up Testing Sites in Macomb County 9 am to 3 pm, Monday, Wednesday, Friday 380 South Rose Street, Mt. Clemens https://www.macombgov.org for Covid Test Sites, Food Resources and more

EMERGENCY FOOD PANTRIES

Emergency Food Services 2-1-1 or 1-844-875-9211 Gleaners Website – <u>www.gcfb.org</u> Forgotten Harvest Website – <u>www.Forgottenharvest.org</u>

Additional pantries are listed on the Macomb County Government website: <u>https://www.macombgov.org/</u>

EMERGENCY FOOD PANTRIES (Cont'd)

St. Vincent DePaul 110 New Street Mt. Clemens 586-468-6522

Hope Food Panty/Hope Church

35127 Garfield Rd (at 15 Mile) Clinton Twp.

Heritage Church Food Pantry 44625 Schoenherr Rd

Sterling Heights 586-997-9490

Lighthouse

28571 Gratiot Roseville 586-776-1230

Faith Lutheran Food Pantry

50600 Shelby Rd, South of 23 Mile Utica, MI 48317 586-731-8112

Immanuel Lutheran Food Pantry

47120 Romeo Plank Road Macomb 586- 286-4231

Family Resource Center Food Pantry

196 N. Rose Mt. Clemens 586-469-2572

Central Bible Church Food Pantry

38900 Moravian Dr. Clinton Twp. 586-465-2828

Veteran's Food Bank Food Pantry

18025 15 Mile Road Clinton Twp. 586-776-981 Wednesday & Friday 9:30 am - 12 pm Picture ID required & Mask Drive up service from garage Middle of block S. Gratiot & Pine Personal items and Bus Tickets available

By appointment: 586-296-8760 Pickup Monday/Wednesday/Friday

Saturdays 9:30 am Drive through/Photo ID required

Monday – Thursday 9 am - 3 pm Friday 9 am - 1 pm Emergency food baskets only during crisis Families can sign up for regular food needs after Stay home order end

Mondays and Fridays 9 am - 12 noon

Tuesday & Thursday 1:00 pm - 5 pm By appointment only

Monday - Thursday 10 am -2 pm Fri.10 am -1:00 pm

2nd Thursday 12 - 2 pm and the following Saturday 12 -2 pm

Monday/Wed/Friday 11 am-2pm

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OTHER EMERGENCY SERVICES

Emergency Relief: Home, Utilities & Burial Michigan Department of Health and Human Services <u>https://www.michigan.gov/mdhhs/</u> Programs to Assist with Food, Mortgage, Rent, Utilities, Medical Bills, Transportation, Covid Testing 24 hours a day, 7 days a week Call the United Way 211 or 1-800-552-1183, or text your zip code to 8982

Services to End Domestic and Sexual Violence

24 hours a day, 7 days a week Turning Point <u>https://turningpointmacomb.org/resources/</u> Crisis Line: 586-463-6990, Shelter, Forensic Nurse Examiner, Counseling, Legal Advocacy

SUSPECTED ABUSE OR NEGLECT OF A CHILD OR TEEN

Children's Protective Service 24 hours a day, 7 days a week Call 855-444-3911 to report One number. One call. One person can make a difference.

MENTAL HEALTH SERVICES

Macomb County Community Mental Health Services (All Forms of Medicaid Eligible) Also provides Substance Abuse and Developmental Disability Services For all ages 586-948-0222

Adolescent Outreach Program for Counseling (available through 2020-21 school year)

No Cost Telehealth Sessions for Middle and High School Students Macomb Family Services Licensed therapists work with youth for up to 6 free sessions Call 586-226-3440

No Cost Materials and Videos to Help Deal with Depression and Other Emotional Concerns

For students, ages 13 years and over, and adults MyStrengh.com Macomb County Crisis Center <u>www.myStrength.com</u> Click on "Sign Up" Use the Access Code: MCCMHcomm

EMPLOYMENT ASSISTANCE FOR YOUTH

For youth ages 16-24 years Michigan Works – provides Young Professional Program, employment opportunities, services <u>https://macomb-stclairworks.org/</u>

SUBSTANCE ABUSE AND RECOVERY SERVICES

On-Line Recovery Support Programs CARE of SE Michigan 586-541-CARE (2270) www.careofsem.com

No Cost Help for Parents Dealing with a Child's Alcohol, Marijuana, or Other Drug Use

Partnership for Drug-Free Kids On-Line resources available at <u>https://drugfree.org/</u> To speak to a Specialist call 1-855-378-4373

CLINTON MACOMB PUBLIC LIBRARY SERVICES

24 hours a day, 7 days a week Main: 226-5020 South: 226-5072 North: 226-5082 Access to audiobooks, TV shows, other entertainment, and virtual tutoring Student ID allows access <u>https://cmpl.org/virtual-cmpl/</u>

PARENTING

No Cost On-line Parenting Classes for Parents of Children Pre-School -Teens CARE of SE Michigan

Call 586-541-2270 or register on-line www.careofsem.com

VISIT THE CHIPPEWA VALLEY SCHOOLS' WEBSITE AND YOUR SCHOOL'S WEBSITE FOR HELPFUL INFORMATION ABOUT DEALING WITH ISSUES RELATED TO THE CORONA VIRUS OUTBREAK.

Please help keep our resource list current by calling 586-723-2280, to provide information on an additional service or if a service listed has ended.